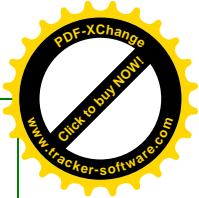
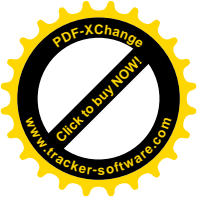




BIO - DATA

1. Name (in Block letters)		Dr. APPANNA MAHADEVA GASTI					
2. Name of the Father		MAHADEVA GASTI					
3. Name of the Mother		BHAGIRATHI M					
4. Address		Permanent			Postal		
		APPANNA M GASTI Ganapathi Nilaya Ist Main, A parallel Road Gundappa shed shimoga.			APPANNA M GASTI Ganapathi Nilaya Ist Main, A parallel Road Gundappa shed shimoga.		
5. Date of Birth	Date	Month	Year	Age particulars			
				Year		Month	
	03	04	1957	49	03		
6.	Male	Female	7. Mother tongue				
	<input checked="" type="checkbox"/>		Kannada				
7. Reservation Category(Certificate should be signed by the Competent authority)							
SC	ST	GM	CAT- I	CAT -II A	CAT- II B-	CAT -III A-	CAT -III B
	<input checked="" type="checkbox"/>						
8. Educational Qualification							
Examination passed		Examining Body		Year of passing	Max. Marks	Marks obtained	%age of Marks
S.S.L.C or equivalent		KSSE board, Bangalore		1974	600	332	56
Bachelor's Degree B. A.		Karnataka University		1990	600	300	60
Bachelor's Degree B. P. Ed.		University of Bangalore		1982	1200	697	59
Master's Degree M. P. Ed.		Bangalore University		1987	800	490	61
P G Diploma in Sports Management		Kuvmepu University		2006	400	255	64
P G Diploma in YOGA		Kuvmepu University		2008	650	370	57
M. Phil		Pune University, Pune		2003	A Grade		



M A	Karnatak University, Dharwad	1986	800	400	50
Ph.D.,	Pune University, Pune	2006			
9. Specialization	Athletics, Kabaddi, Wrestling				
10. Area of Research Work	Physical Education				
11. Details of Research Degree (Documents issued by the competent authority should be enclosed)	Name of the Award		Ph. D		
	Title of the Thesis		A case study of Shri.Shripathi Khanchanale First Hind-kesari wrestler		
	Date of Awarding the degree		M. Phil-2000		
	Name of the University/ Institution		Pune University, Pune		
12. Teaching Experience :					
Institution/University	Period of Service	Designation and scale of pay		Nature of Service Permanent/	
1. S V E S Junior college, Horogeri	1982-1987	Physical Cultural Instructor		Permanent	
2. Prabhu Rajendra society, Gadag	1988-1990	Principal		Temporary	
3. Kuvempu University Dept.of Physical Education	21-09-1994 to till today	Physical Cultural Instructor		Permanent	
4. Kuvempu University, Sports Section	2000-2001	Convenor of Kuvempu University Sports Dept.		Director	



ANNUXRE - I

DETAILS OF INTER NATIONAL/NATIONAL LEVEL SEMINARS ATTENDED

1. Attended the International ICHPER-SD seminar at Bangkok(Thailand) on 30-23rd March 2003 and presented the paper on **walk for good health**
2. Attended National Seminar on QUALITY IMPROVEMENT OF RESEARCH IN PHYSICAL EDUCATION AND SPORTS organised by Maharashtra Mandal's Chandrashekhar Agashe College of Physical Education, PUNE, Maharashtra from 25th to 27th March 2005 and presented the paper
3. Selected to Participate and Paper presentation in the International Conference of PHYSICAL EDUCATION AND SPORTS SCIENCES to be organised by Kasturba Medical College, Manipal in Association with Association of Indian Universities from
4. Attended the National Seminar held at Bangalore conducted by the Karnataka state Physical Education teachers association at Bangalore
5. Attended and Presented the paper National Seminar/Workshop on physical education and sports organised by National Association of Physical education and sports at Karad, Maharashtra



ANNUXRE – II

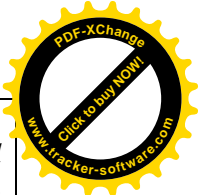
DETAILS OF NATIONAL LEVEL CONFERENCE ATTENDED

CONFERENCE
1. Attended National Conference on PHYSICAL EDUCATION AND SPORTS SCIENCES organised by All India University and College Physical Education Teachers' Association, Karnataka State University and College Physical education Teachers Association, Bangalore University and Christ College, Bangalore and presented a paper on DOPING IN SPORTS

ANNUXRE – II

DETAILS OF Articles and Seminars

Articles
<ol style="list-style-type: none">1. Appanna M Gasti “<u>Health and wellness</u>” <i>Fitness and wellness of people through sports and games</i> (2009) PP:1013. ISBN: 978-93-83796-42-7.2. Appanna M. Gasti and Rajashekara Hiremath “Effect of callisthenic, aerobic dance, and combination of callisthenic and aerobic dance on body composition of adolescents”, <i>Asian Journal of Research in Social Science & Humanities</i>, December 2012, Vol 2, Issue 12, PP: 12-14, ISSN: 2250-1665, Impact factor: 3.0943. Appanna M. Gasti and Rajanna “job satisfaction among physical education directors in the colleges of Karnataka”, <i>Indian Streams Research Journal</i>, April, 2014, Volume 04, Issue 03, ISSN: 2230-7850, Impact Factor: 3.15604. Shivamurthy, A., Appanna M Gasti and Gajanana Prabhu B. “Cardio respiratory endurance of football players at inter university level”, <i>International Journal of Movement Education and Social Science</i>, March, 2013, Vol 2, Issue 02, PP: 78-81, ISSN: 2278-0793, 0.316.5. Shivamurthy, A., Appanna M Gasti and Gajanana Prabhu B. “Differences



in speed, agility and flexibility among inter university level football players belonging to different south Indian states”, *Radix International Journal of Research in Social Sciences*, December, 2013, Volume 02, Issue 12, PP: 1-8. ISSN: **2250-3994**, **Impact factor: 4.22**.

6. Rashmi, Ramachandra. and **Appanna, M Gasti** (2015) “Construction of physical fitness norms for adolescent girls”, *International Journal of Engineering Research and Sports Sciences*, Vol-2, Issue 7. PP: 1-3. ISSN **2348-2400**, **Impact factor: 0.621**
7. **Appanna M Gasti** and Purushotham H. B. “Gender based comparison on health status of Urban fitness Enthusiasts” *Dynamic facets of physical education & sports studies* (2009) PP:141-142. ISBN: **978-81-908352-3-7**.
8. Ph.D thesis submitted by Dr. Basavaraj Dharwad and guided by Dr. Appanna m Gasti on “**KARNATAKA RAJYADA PRATHAMIKA HAGU PROUDHA SHALA VIDYARTHIGALA KREEDA CHATUVATIKE: ONDU ADHYAYANA**” has helped in formulating Government policies to Karnataka state.
9. **Appanna M Gasti and Rajashkara Hiremath** (2017) “Body weight management problems in modern society” *International journal on Health Physical Education and Computer Science*, Vol-27 (2); PP: 551-553. ISSN: 639-640.

ANNUXRE - III

PARTICIPATION AND ACHIEVEMENTS IN NATIONAL LEVEL SPORTS ACTIVITIES

- 1) Represented Karnataka State in Wrestling**
- 2) Represented Bangalore University in Athletics**
- 3) Karnataka University Swimmer**
- 4) Secured second place in Karnataka State Level Cross Country Race**
- 5) Passed NCC ‘C’ Certificate**

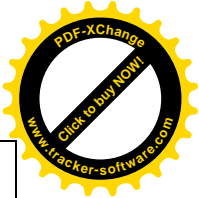


MEMBERSHIP WITH PROFESSIONAL INSTITUTION / ORGANISATIONS

- ❑ **Member: Karnataka State College & University Physical Education Teachers Association.**
- ❑ **Secretary: Tennis Volley ball Association of Karnataka from 1998 to till today**
- ❑ **Secretary: Belgam Dist. Wrestling Association From 1982 to 1987**
- ❑ **Member: National Association of Physical education & Sports Sciences(NAPESS)**
- ❑ **National Referee : Wrestling**
- ❑ **State Referee : Athletics and Tennis Volley ball**

REPRESENTATION IN UNIVERSITY BODIES

- **Member, Combined Board of Studies (P.G. & U.G) in Physical Education.**
- **Chairman Board of Examiners in (U.G) in Physical Education.**
- **Examiner of B.P.Ed. & M. P. Ed. Examination of Gulbarga, Bangalore,Dharwad, Mangalore and Kuvempu University**
- **N S S Programme officer Unit-I Kuvempu University Jnana Sahyadhri Jnana Sahyadri, Shankarghattta.**
- **Nodal Officer, Youth Red Cross Unit, Kuvempu University Jnana Sahyadhri Jnana Sahyadri, Shankarghattta.**



ORGANISATION

- **Conducted the National Junior & Sub Junior Tennis Volley Ball championship for the year 2004-05 at Shimoga, Karnataka**
- **Conducted the State level wrestling championship for the year 2005 at Shimoga kartnataka state**
- **Conducted the state level wrestling championship at Harugere for the year 1988 and 1990**